



## WORK EXPERIENCE

08/09/2021 – CURRENT – Ipswich, United Kingdom ASSOCIATE PROFESSOR IN NURSING – UNIVERSITY OF SUFFOLK

Tutoring and lecturing nursing students at undergraduate and postgraduate level. Supervising major projects and doctoral thesis. Students' recruitment at undergraduate and postgraduate level. Research and income generation applications. Principal investigator. Ethics committee panel member

04/02/2022 – CURRENT – Dundee, United Kingdom **POST-GRADUATE COURSES EXTERNAL EXAMINER –** UNIVERSITY OF DUNDEE

Teaching and learning quality assurance

01/02/2022 – CURRENT – Athens, Greece RESEARCH FELLOW – UNIVERSITY OF WEST ATTICA

Undertaking collaborative research in the gamification and clinical simulation areas. Staff and students' exchange. Research and income generation applications.

05/08/2016 – 06/09/2021 – Chelmsford , United Kingdom SENIOR LECTURER IN NURSING – ANGLIA RUSKIN UNIVERSITY

Tutoring and lecturing nursing students at undergraduate and postgraduate level. Module leader and module tutor. Supervising major projects and doctoral thesis. Link tutor. Research and income generation applications. Ethics committee panel member.

Chelmsford, United Kingdom

09/2013 – 07/2016 – Al Ain, United Arab Emirates SENIOR LECTURER IN NURSING AND PARAMEDIC SCIENCES – FATIMA COLLEGE OF HEALTH SCIENCES

Tutoring nursing students at undergraduate and postgraduate level. Module leader and module tutor for nursing and paramedic modules. Link tutor. Research activities.

Al Ain City, United Arab Emirates

08/2012 – 08/2015 – Brisbane, Australia ADJUNCT ASSOCIATE PROFESSOR – GRIFFITH UNIVERSITY

Networking, teaching and learning professional development Brisbane, Australia Networking, teaching and learning professional development Cadiz, Spain

09/2010 – 11/2010 – Brisbane, Australia
VISITING TRAINEE – UNIVERSITY OF QUEENSLAND

Running a curriculum innovation project on Bls D simulated teaching strategies Brisbane, Australia

05/2010 – 05/2010 – Villanueva de la Canada, Spain VISITING PROFESSOR IN NURSING – UNIVERSIDAD ALFONSO X EL SABIO

Delivering frontal lectures focused on advancements in Italian nursing education. Networking

Villanueva de La Canada, Spain

09/2008 – 09/2008 – Valencia, Spain VISITING PROFESSOR IN NURSING – UNIVERSIDAD CARDINAL HERRERA

Delivering frontal lectures focused on Pre-Hospital trauma care. Networking Valencia, Spain

07/10/2012 – 31/08/2013 – Lagonegro, Italy CONTRACTED LECTURER IN CLINICAL NURSING – UNIVERSITÀ DEGLI STUDI DI FIRENZE

Tutoring and lecturing nursing students at undergraduate level. Module leader and module tutor. Supervising major projects. Link tutor. Curriculum Development

Lagonegro, Italy

20/10/2003 – 24/08/2013 – Potenza, Italy CRITICAL CARE NURSE – AZIENDA SANITARIA POTENZA

Critical Care Nurse Specialist - Phone Triage Nurse, Advanced Life Support, Trauma Life Support. Helicopter emergency medical service team member. Adult and paediatric basic life support and defibrillation, pre-hospital trauma care basic clinical instructor.

Potenza, Italy

01/05/1999 – 20/10/2003 – Potenza, Italy CRITICAL CARE NURSE – AZIENDA OSPEDALIERA SAN CARLO

Triage Nurse, Bls D, Advanced Life Support and Trauma Life Support provider in A&E

Potenza, Italy

05/01/1998 – 30/04/1999 – Torino, Italy CRITICAL CARE NURSE – AZIENDA OSPEDALIERA CTO

Critical Care Nurse Specialist - Intensive Respiratory Care in ICU Torino, Italy

## EDUCATION AND TRAINING

2006 – 2010 – L'Aquila, Italy PHD IN NURSING SCIENCE – Università degli Studi dell'Aquila

2016 – 2017 – Chelmsford, United Kingdom POST GRADUATE CERTIFICATE IN LEARNING AND TEACHING (HIGHER EDUCATION) – Anglia Ruskin University

2011 – 2012 – Roma, Italy MASTER IN FORENSIC NURSING – Università Sapienza Unitelma

2010 – 2011 – Roma, Italy MASTER IN MANAGEMENT AND QUALITY ASSURANCE – Università Unitelma Sapienza

2004 – 2005 – L'Aquila, Italy MASTER OF SCIENCE IN NURSING – Università degli Studi dell'Aquila

1996 – 1999 – L'Aquila, Italy UNIVERSITY DIPLOMA FOR DIRECTORS AND EDUCATORS IN NURSING – Università degli Studi dell'Aquila

1993 – 1996 – Canosa di Puglia, Italy GRADUATE DIPLOMA IN NURSING – ASL BA/1 School of Nursing

## LANGUAGE SKILLS

Mother tongue(s): ITALIAN

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production Spoken interaction		
ENGLISH	C2	C2	C2	C2	C2
FRENCH	B1	B1	B1	B1	B1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## PUBLICATIONS

#### Multidisciplinary team perceptions of the Case:Care Managers' role implementation a qualitative study

De Luca, E., Cosentino, C., Cedretto, S., Maviglia, A. L., Bucci, J., Dotto, J., ... & Bonacaro, A. 2022 <u>https://www.researchgate.net/publication/</u> <u>361668342 Multidisciplinary team perceptions of the CaseCare Managers' role implementation a qualitative study</u>

#### Nursing students' attitudes on caring for people living withHIV/AIDS. A European Multicentre Study

Bonacaro, A., Stroumpouki, T., Stavropoulou, A., Triglia, C., Vizilio, E., Papageorgiou, D., & Rubb 2022 <u>https://www.researchgate.net/publication/</u> <u>360600217\_Nursing\_students'\_attitudes\_on\_caring\_for\_people\_living\_withHIVAIDS\_A\_European\_Multicentre\_Study</u> Marinaki C, Kapadochos T, Katsoulas T, Rubbi I, Liveri A, Stavropoulou A, Bonacaro A, Papageorgiou 2022

https://www.researchgate.net/publication/ 360614362 Early versus Late Tracheostomy Promotes Weaning in Intensive Care Unit Patients

# Corrigendum to Evidence-based clinical practice guidelines on the management of pain in older people – a summary report

Schofield, P., Dunham, M., Martin, D., Bellamy, G., Francis, S.A., Sookhoo, D., Bonacaro, A., Hamid 2022

https://www.researchgate.net/publication/356997224\_Evidencebased\_clinical\_practice\_guidelines\_on\_the\_management\_of\_pain\_in\_older\_people\_-\_a\_summary\_report

# Smartphone Applications Designed to Improve Older People's Chronic Pain Management: An Integrated Systematic Review

Dunham, M., Bonacaro, A., Schofield, P., Bacon, L., Spyridonis, F., & Mehrpouya, H. 2021 <u>https://www.researchgate.net/publication/</u> <u>350721950 Smartphone Applications Designed to Improve Older People's Chronic Pain Management An Integrated</u> <u>Systematic Review</u>

## Nursing student attitudes toward dying patient care: A European multicenter cross-sectional study

Ferri, P., Di Lorenzo, R., Vagnini, M., Morotti, E., Stifani, S., Herrera, M.F.J., Bonacaro, A., 2021 https://www.researchgate.net/publication/

350845413 Nursing student attitudes toward dying patient care A European multicenter cross-sectional study

## Peer-support: a coping strategy for nurses working at the Emergency Ambulance Service

Carvello, M., Zanotti, F., Rubbi, I., Bacchetti, S., Artioli, G., & Bonacaro, A. 2019 <u>https://www.researchgate.net/publication/337228214\_Peer-</u> <u>support a coping strategy for nurses working at the Emergency Ambulance Service</u>

## Nursing student attitudes toward dying patient care: A European multicenter cross-sectional study

Bonacaro, A., Rubbi, I., & Sookhoo, D. 2019 <u>https://www.researchgate.net/publication/</u> <u>350845413\_Nursing\_student\_attitudes\_toward\_dying\_patient\_care\_A\_European\_multicenter\_cross-sectional\_study</u>

# The use of wearable devices in preventing hospital readmission and in improving the quality of life of chronic patients in the homecare Setting: A Narrative Literature Review

Bonacaro, A., Rubbi, I., & Sookhoo, D. 2019 <u>https://www.researchgate.net/publication/</u> 335789102 The use of wearable devices in preventing hospital readmission and in improving the quality of life of <u>chronic patients in the homecare Setting A Narrative Literature Review</u>

Does student orientation improve nursing image and positively influence the enrolment of nursing students in the University? An observational study

Rubbi, I., Pasquinelli, G., Cremonini, V., Fortunato, F., Gatti, L., Lepanto, F., ... & Bonacaro, A 2019

https://www.researchgate.net/publication/

<u>334372631 Does student orientation improve nursing image and positively influence the enrolment of nursing stud</u> <u>ents in the University An observational study</u> Incidence and type of health care associated injuries among nursing students: an experience in northern Italy

Rubbi, I., Cremonini, V., Butuc, A., Cortini, C., Artioli, G., Bonacaro, A. and Pasquinelli 2018 <u>https://www.researchgate.net/publication/</u> <u>329588905 Incidence and type of health care associated injuries among nursing students an experience in norther</u>

<u>n\_ltaly</u>

## Chronic Conditions and Wearable Devices: Does the Use of Modern Technologies Improve Quality of Life in Chronic Patients?

Bonacaro, A., & Sookhoo, D. 2018 <u>https://www.researchgate.net/publication/</u> 323292503 Chronic Conditions and Wearable Devices Does the Use of Modern Technologies Improve Quality of Lif e\_in\_Chronic\_Patients

## **CONFERENCES AND SEMINARS**

19/10/2022 – 22/10/2022 – Sitges, Spain Nursing students' attitudes on caring for people living with HIV/AIDS. A European multi-centre study.

Oral presentation

05/09/2022 – 06/09/2022 – Cardiff, United Kingdom Nursing students' attitudes on caring for people living with HIV/AIDS in the UK. A cross sectional study.

Poster presentation

05/07/2022 – 07/07/2022 – Newcastle, United Kingdom Fostering students' engagement through the gamification of an highly intense paper-based decision making simulated session.

Poster presentation

22/10/2019 – 25/10/2019 – Singapore The Impact of Mindfulness Meditation on Anxiety and Clinical Practice Accuracy in Adult Nursing Students in Simulated Learning: Preliminary Results of a Primary Research Study.

Oral and poster presentation

25/06/2019 – 25/06/2019 – Cambridge, United Kingdom Improving the Quality of Simulated Learning Experience through Mindfulness Meditation.

Oral presentation

04/09/2019 – 07/09/2019 – Valencia, Spain

Ageing and society: what does the research literature articulate about informal carers' experiences who provide support for older family members living with chronic pain?

Poster presentation

04/09/2019 – 07/09/2019 – Valencia, Spain Evidence review to guide the pharmacological management of chronic pain in older adults in the UK.

E-poster presentation

### E-poster presentation

19/10/2017 – 21/10/2017 – Ravenna, Italy

Chronic Conditions and Wearable Devices: Does the Use of Modern Technologies Improve Quality of Life in Chronic Patients?

#### Oral presentation

25/02/2015 – 26/02/2015 – Dubai, United Arab Emirates

Patient Safety and Quality of Care: Can Simulation Meet the Needs of the Healthcare System As Well As Those of Academic World?

#### Poster presentation

05/12/2014 – 09/12/2014 – Dubai, United Arab Emirates **One Set Of Vital Signs Isn't Enough!** 

#### Oral presentation

16/10/2014 – 18/10/2014 – Istanbul, Turkey Sudden Cardiac Death and Nursing Education: The Students' Perception of the Role of Simulation.

#### Poster presentation

28/11/2002 - 30/11/2002 - Turin, Italy

Quantitative evaluation of data coming from triage procedures in the Casualty and Emergency Department of San Carlo Civil Hospital Potenza – Italy.

Poster presentation

## HONOURS AND AWARDS

#### Awards

• Research funded project: informing policy-maker activities on the implementation of wearable technologies in the management of chronic conditions by exploring current and future healthcare professionals' views; 2022, GBP 8000.00, UKRI at University of Suffolk;

- Travel & Networking Bursaries, 2018, GBP 1000.00, Research Funding Observatory at Anglia Ruskin University;
- · Dragon's Den competition, 2018, GBP 500.00, Anglia Ruskin University;
- · Learning & Teaching Award, 2018, GBP 1887.50, Anglia Learning and Teaching at Anglia Ruskin University;
- · Travel & Networking Bursaries, 2017, GBP 1000.00, Research Funding Observatory at Anglia Ruskin University;

• Seed Corn fund, 2016, £ 4000.00. Conducting a systematic literature review on wearable devices and their advantages on chronic patients. Anglia Ruskin University;

· Antonio Distefano Award 1st Edition "SEGNALI DA SUD: idee che volano alto", 2013, €1000.00, Associazione Antonio Distefano.

The Australian Travel Award for L'Aquila Researchers, 2010, AUD 5000.00, ARIA, Group of Eight, Australian Academy of Science;

## **COMMUNITY INVOLVEMENT**

#### **Volunteering positions**

Essex Police, Chelmsford Police Station, from December 2020 to January 2022

• Volunteering as Special Constable along with other volunteers and regular police officers to serve and keep the Essex community safe;

Italian Red Cross, Provincial Committee of Potenza, from 1999 to August 2013:

• Designing, developing, providing educational events to the population and volunteers on first aid, basic life support and defibrillation, paediatric life support and defibrillation and International Humanitarian Law;

Lieutenant responsible for recruiting volunteer staff for the Italian Red Cross Military Corp;

• International Humanitarian Delegate;

• Nurse lieutenant called back to active service for the following humanitarian emergencies or major events:

1. Massive arrival of migrants, Lampedusa Island Italy, August 2011

Critical care specialist nurse responsible for the management of the advanced medical trailer. My tasks included the triage of migrants, their early treatment and their protected transportation to the local hospital.

1. L'Aquila earthquake - G8, August 2009

Critical care specialist nurse member of the advanced life support team working on an ambulance. My tasks included medical assistance to the Russian diplomatic delegation and to all the security personnel and working on a military ambulance escorting diplomatic convoys.

Association of Voluntary Italian Blood Donors, Potenza since 1999

Blood donor; Volunteer nurse/phlebotomist responsible for blood donation Association of Voluntary Italian Bone Marrow Donors, Potenza since 2003

NHS Blood and Organ Donor, since 2016

## SKILLS AND COMPETENCIES

CURRENT
Social Competencies

I am able to relate well with people from different ethnic backgrounds, nationalities and cultures thanks to my many experiences overseas. I studied and lived for 8 months in Liverpool (UK) where I was based at the John Moores University as a PhD student in Nursing. There I was hosted by local families with other students from different nationalities. I lived in Brisbane (Australia) for 2 months, having received the "Australian Travel Award for L'Aquila Researchers" framework, where I was hosted by a local family.

This award funded by "The Group of Eight" allowed me to continue my research on the role of simulation in teaching basic life support and defibrillation techniques thanks to the extraordinary contribution and integration with University of Queensland Academic Staff.

With the same spirit but different goals, I conducted various experiences in Spanish Universities with good results in terms of integration with the hosting Academic Staff and students.

In addition to the experiences already mentioned I have worked, as a staff member, for the Italian Red Cross with people from different nationalities, establishing relationships based on cooperation and friendship especially in the course of the humanitarian emergency on Lampedusa Island (Italy). I have been lecturing and researching in various academic institutions in Italy, Spain, United Arab Emirates and Australia adapting my teaching and networking style according to different cultural habits.

As a consequence of the above-mentioned activities, I am able to establish very good relations that would lead to a profitable collaboration among staff members.

I am able to organise work independently, defining priorities and taking responsibility, as a result of the abovementioned professional experiences, during which I have always been asked to independently manage different activities, setting goals and respecting deadlines.

I am able to work under stress, in situations associated with public relations and respecting deadlines, in my role as Associate Professor, Critical Care Nurse Specialist and Volunteer.

At the same time, I am able to foster good relationships with my colleagues in order to create a profitable collaboration.

#### CURRENT

### **Teaching and IT Competencies and Skills**

I am able to plan a course, integrating the research and the application of different teaching methodologies. I know how to adapt the teaching materials to all levels of learning and to the students' interests and needs. I know how to prepare individualised programs and how to teach learning strategies to be applied independently and to the class context.

I'm a daily user of the following operating systems: Windows, Linux (Ubuntu, Mac OS). I'm able to manage Microsoft Office applications such as Word, Power-point, Excel, Outlook and various Internet browsers like Explorer, Chrome, Mozilla Firefox and Safari.

I designed and made an Internet web site by myself by using the open source software called Joomla and I'm currently committed in developing and updating the same website.

I'm able to manage and delivery teaching materials through Canvas, Moodle, VLE and Brightspace.

## PROFESSIONAL REGISTRATIONS

#### **Professional Registrations**

• Fellow of the Higher Education Academy (HEA) with the following registration number PR128608, since March 2017

• Registered nurse and teacher with the Nursing and Midwifery Council with the following Pin 12D0099C, since April 2012;

- · Registered as court-assessor at the Court of Potenza with the following Pin 421, since July 2011;
- Registered as court-appointed expert at the Court of Potenza with the following Pin 1653, since July 2011;

- Registered at the IPASVI Provincial College of Potenza (Italian Nursing Authority) register with the following Pin 2784 since May 2005.

## NETWORKS AND MEMBERSHIPS

#### Affiliations

- · Association of Voluntary Italian Blood Donors, current member
- · Association of Voluntary Italian Bone Marrow Donors, current member
- · Italian Resuscitation Council, current member
- · Italian Red Cross, current member
- Higher Education Academy, fellow
- · Journal of Clinal Nursing, reviewer
- · Joanna Briggs Institute, systematic reviewer
- Anglia Ruskin University, associate teaching fellow
- · CAE Healthcare Academy, consultant
- · Anglia Ruskin University UK, Professional Doctorate supervisor

 $\cdot~$  Frontiers in Pain Research, Editor, special issue, Non-Biomedical Perspectives on Pain and its Prevention and Management

## CERTIFICATIONS

## Certificates

- · Bls D certified instructor (Italian Resuscitation Council);
- · Pbls D certificed instructor (Italian Resuscitation Council);
- · Ptc Basic certified instructor (Italian Resuscitation Council);
- · Acls certified (Italian Resuscitation Council);
- · Ptc Advanced certified (Italian Resuscitation Council);
- · First AID certified instructor (Italian Red Cross);
- · International Humanitarian Law certified instructor (Italian Red Cross);
- · Advanced Trauma Care for Nurses certified (Society of Trauma Nurses);
- · PHTLS certified (National Association of Emergency Medical Technicians);
- · Bls provider (American Heart Association);

Acls provider (American Heart Association).

## INTERESTS

#### Hobbies

- · Volunteering
- · Information technology and Internet
- · Artificial intelligence and robotics
- · Reading magazines and novels
- Jogging
- Travelling