

## PERSONAL INFORMATION

Matteo Castaldo

## CURRENT WORK EXPERIENCE

<b>February 2018 – Now</b>	<b>Postdoctoral researcher</b> - Center for Neuroplasticity and Pain (CNAP), SMI, Dept. of Health Science and Technology, The Faculty of Medicine, Aalborg University, Denmark
<b>February 2013 - Now</b>	<b>Lecturer</b> , University of Siena, Master in Sport Physiotherapy

## EDUCATION AND TRAINING

<b>2013 - 2017</b>	<b>PhD Degree in Biomedical Sciences</b> - Dept. of Health Science and Technology, The Faculty of Medicine, Aalborg University, Denmark
<b>2019 - 2021</b>	<b>MSc Degree in Applied Cognitive Neuroscience</b> - University of Milan, Faculty of Medicine, Via Festa del Perdono 7, 20122, Milan, Italy
<b>2007</b>	<b>Thesis research project, clinical rotation</b> - Karolinska Institutet, Stockholm, Sweden
<b>2004 – 2007</b>	<b>BSc Degree in Physiotherapy</b> - University of Parma, Faculty of Medicine, Physiotherapy Degree, Parma, Italy

## OTHER SKILLS

<b>Mother tongue</b>	Italian
<b>Other language(s)</b>	English (advanced), Swedish (intermediate), Spanish (basic)
<b>Communication skills</b>	Good communication skills in different context and languages, acquired during training/work experience in Sweden, Denmark, Spain, and voluntary work in Mexico and Madagascar
<b>Management skills</b>	<ul style="list-style-type: none"><li>▪ responsible for the Italian part of a multicentre (together with Denmark and Spain) longitudinal research project on tension-type headache and central sensitization</li><li>▪ responsible for the Italian part of a multicentre (with Denmark, Spain, Switzerland, UK) research project on Covid-19 and long-Covid pain</li></ul>

	<ul style="list-style-type: none"> <li>▪ thesis co-supervisor of a PhD student, with the title “characterization of tension-type headache, migraine without aura, and chronic migraine subjects based on signs of central sensitization and on musculo-skeletal dysfunctions” (in progress)</li> <li>▪ thesis supervisor (12 thesis at MSc level, 2 thesis at BSc level)</li> </ul>
<b>Scientific focus areas</b>	Headache, migraine, tension-type headache, pain education, cognitive neurosciences, musculoskeletal dysfunctions, central sensitization, quantitative sensory testing (QST), chronic pain, whiplash-associated disorders
<b>International relations</b>	Cooperations with research groups in the field of pain/headache: Prof.Arendt-Nielsen and his department at Aalborg University (Denmark), Prof.Cesar Fernandez de las Penas and his department at the University Rey Juan Carlos in Alcorcon (Madrid, Spain), Prof.Kerstin Luedtke and her department at the University of Hamburg (Germany), Dr. Viganò (IRCCS Don Gnocchi, Milan)
<b>Other awards</b>	<ul style="list-style-type: none"> <li>- Awarded as a fellow of the 12<sup>th</sup> EHF-SAS (European Headache Federation – School of Advanced Studies) meeting, Sapienza University, Rome, 7-9/07/2021 (further selected according to CV to coordinate a research group of 40 young fellows)</li> <li>- Awarded with the EFIC (European Pain Federation) grant for the European Pain Federation Pain School, Klagenfurt (Austria), 4-9/09/2022</li> <li>- Awarded with the IHS (International Headache Society) Allied Specialties Scholarship 2023</li> </ul>
<b>Teaching activity (2013 – Now)</b>	Lecturer of 96 courses for PTs and MD on headache disorders management / musculoskeletal dysfunctions courses in the period 2014-2023.
<b>Congress / conference speaker (2013 – Now)</b>	<ul style="list-style-type: none"> <li>▪ E-Poster presentation at the European Headache Federations (EHF) Congress in Barcellona, 6-9/12/2023</li> <li>▪ Speaker and chairman at the “Italian Headache Society” (SISC) Congress, title of the presentation “Physical therapy, EBM, and migraine: where are we now?”, at L’Aquila, 5-7/10/2023</li> <li>▪ Speaker and chairman for the European Pain Federation (EFIC) Congress, title of the presentation “Migraine and headache: individualized new therapeutic options based on pathophysiological mechanisms”, Budapest, 20-22/09/2023</li> <li>▪ Speaker at the “Symposium on Myofascial Pain, Fibromyalgia, and Fascial Pain Disorders”, title of presentation “Myofascial pain syndrome and headache” in Padua, 15-16 June 2023</li> </ul>

- Speaker at “Seminari del Mondino”, title of presentation “Caratteristiche somatosensoriali e muscoloscheletriche nell’emicrania: implicazioni per un trattamento personalizzato “mechanism-based”, At IRCCS Mondino Institute, 7/02/2023
- Speaker at the congress “Watson Headache Institute International Symposium”, Virtual Session, 26-27/08/2020
- Speaker at the congress “Pain Science in Motion III”, at University Campus of Savona, 2/06/2019
- Speaker at the congress “Let’s study”, at University of Bologna, 31/03/2019
- Speaker at the seminar “Physiotherapy and headache: an EBM approach”, at Padova, 22/02/2019
- Speaker at the seminar “CNAP annual meeting, center for neuroplasticity and pain”, at Aalborg, 24/10/2018
- Speaker at the congress “Role of physical therapy in headache disorders: an EBM approach”, at Sassari, 20/10/2018
- Speaker at the congress “Physical therapy excellence- PTex”, at Bologna, 23/06/2018
- Speaker at the congress “Update in musculoskeletal physiotherapy”, at University of Bologna, 12/01/2018
- Speaker at the congress “31° congress of the Italian Headache Society-SISC”, at Rome, 1-2/12/2017
- Speaker at the congress “Low back pain in pregnancy”, at Parma, 14/10/2017
- Speaker at the congress “The management of the patient with primary headache: multidisciplinary is the key?”, at Milan, 27/05/2017
- Speaker at the congress “SASP: scandinavian association for the study of pain conference”, at Aalborg, 26-28/04/2017
- Teacher of the seminar “Trigger Points in musculoskeletal pain”, at Milan, 12/03/2016
- Speaker at the congress “Physical therapy applied to sport disorders”, at Torino, 28/03/2015
- Speaker at the congress “Management of patients with Whiplash-associated disorders”, Boves (Cuneo), 25/05/2014

	<ul style="list-style-type: none"><li>▪ Speaker at the congress “Muscle lesions and dysfunctions”, Piacenza, 5/04/2013</li></ul>
<b>Scientific poster</b>	<ul style="list-style-type: none"><li>▪ Poster at the SISC, EFIC, IASP, IHS, SASP Congress, 37 poster in total</li></ul>

Autorizzo il trattamento dei dati personali contenuti nel mio curriculum vitae in base all'art. 13 del D. Lgs. 196/2003 e all'art. 13 GDPR 679/16

12/02/2024